

## NHS Prescribed Continence Containment Products

Nottingham CityCare Partnership follows the : Guidance for the provision of continence containment products to children and young people . A consensus document

- **The provision of containment products are only offered to children over the age of 5 years who have been supported for a minimum of 6 months** to develop their toileting skills, unless this is inappropriate e.g. for children with a neuro-pathic bladder.
- Your child will have a continence assessment carried out by a trained HCP. As part of the assessment process each CYP must have their fluid intake documented, alongside their pattern of passing urine and opening their bowels.
- Containment products may not be provided to a CYP whose families have not engaged in the assessment process or a subsequent toilet skill development programme. **Containment products will not be supplied for treatable medical conditions, such as bedwetting, constipation, or soiling.**
- **The number of products issued per 24 hours will not exceed four products per day. Any extra required will need to be purchased by the parent or carer.** If the products provided are used according to instructions a maximum of four per day should meet containment needs. This is because the products are highly absorbent and do not need changing until they reach capacity or are soiled.
- If your child is eligible for continence containment products we will offer sample products which will be ordered to try with your child or young person. They may consist of various sizes and brands of products, therefore it is advised that all packaging is kept for reference.
- **A CYP who has achieved day-time continence will no longer be eligible for provision of night-time products only, even if they have a disability or additional needs.** To offer products for night-time wetting to a CYP who has a disability, or additional needs could be considered discriminatory, as a CYP who does not have additional needs are not provided with containment products for bedwetting . The exception for this is if there are clear reasons for night-time wetting such as medical reasons e.g overnight feeds or epileptic seizures with associated incontinence.

### Abbreviations

HCP—Health Care Professional

CYP - Child or Young Person

Containment products—absorbent continence products

“Guidance for the provision of continence containment products to children and young people. A consensus document”

Can be found at  
[www.bbuk.org.uk/wp-content/uploads/2021/06/Guidance-for-the-provision-of-continence-containment-products-to-children-2021.pdf](http://www.bbuk.org.uk/wp-content/uploads/2021/06/Guidance-for-the-provision-of-continence-containment-products-to-children-2021.pdf).

## What is not supplied by the NHS.

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- **Disposable pull up pants are not supplied.** Studies and clinical experience have shown that they do not support toilet training. Alternative products offer similar discretion and containment and are easier to change.
- Pull ups are not provided as an alternative product for children who shred or remove the disposable product.
- Sanitary towels are not provided for girls who are menstruating, nor are extra containment products provided for this.
- Swimming nappies are not provided by the NHS.
- **Disposable products are not provided for children who refuse to open their bowels on the toilet.**
- If a CYP has an acute illness that results in a temporary increase in the number of products required, parents/carers are expected to provide the extra products. This is equitable with provision for children who do not normally have products provided but may develop incontinence for a short period of time such as gastroenteritis.

## Home Delivery Service

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Once your child or young person’s continence containment product has been established, an account and delivery will be activated on the Home Delivery Service. Continence containment products will be supplied in 12 week cycles. Two weeks before the end of the 12 week cycle you will need to activate the next delivery of continence containment products through the Home Delivery Service.

## Annual Product Reviews

All children and young people who receive continence containment products through the NHS need to undertake annual product reviews. This is to ensure bladder and bowel health, product suitability, product size and fit and that continence containment products are still required.

If the Product Review appointment is not attended, then the continence containment products will be suspended in line with the service’s policy until a reassessment is carried out.