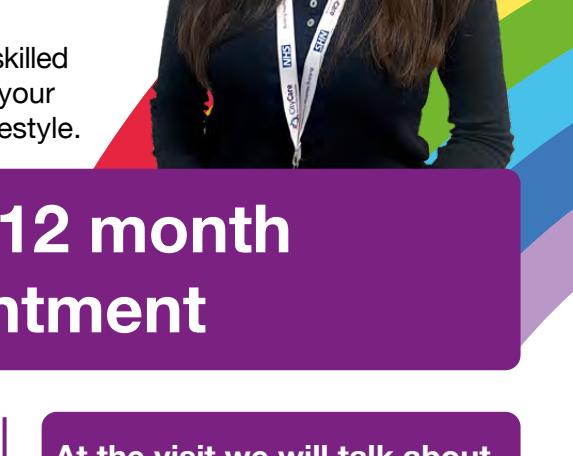
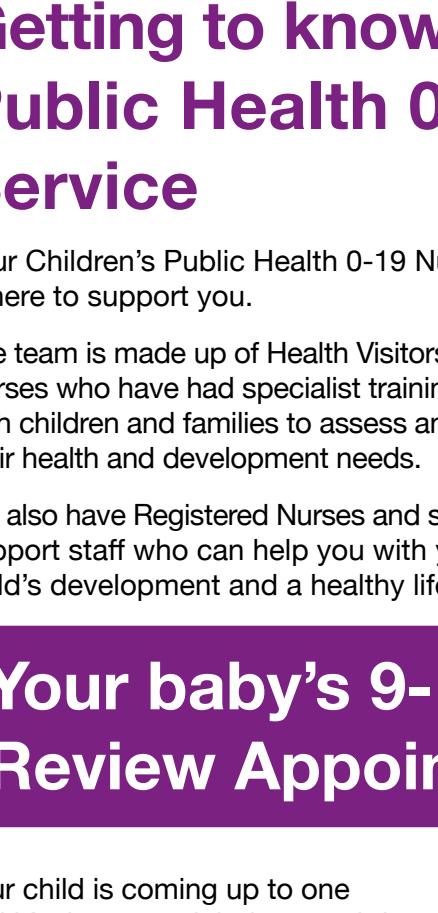


Your baby is coming up to



Children's Public Health 0-19 Nursing Service

What to expect at the 9-12 month review appointment



Getting to know your Children's Public Health 0-19 Nursing Service

Your Children's Public Health 0-19 Nursing Service is here to support you.

The team is made up of Health Visitors and Family Nurses who have had specialist training in working with children and families to assess and support their health and development needs.

We also have Registered Nurses and skilled support staff who can help you with your child's development and a healthy lifestyle.



Your baby's 9-12 month Review Appointment

Your child is coming up to one and it's time to weigh them and do length and head measurements and check their developmental progress.

A member of the Children's 0-19 Public Health Nursing Service will visit you at home.

Your partner, or anyone who supports you, is very welcome to be with you.



At the visit we will talk about

- how your baby is developing
- your routine
- how you are feeling
- sleep
- diet and healthy eating
- safety in the home
- dental care and brushing your child's teeth
- anything else that you would like to talk about

Here are some of the websites that we recommend for information you can trust.

Please click the links to visit the sites

If you would like more information about our services, would like to translate this information or use accessibility tools please visit our website: